

Community-led program to prevent diabetes, WDF16-1350

WDF16-1350

The project aims to strengthen access to diabetes care and foot care among indigenous peoples in selected districts of Tripura, through a community approach.



Objectives

- To raise awareness and screen indigenous groups for diabetes and foot problems
- To train doctors in diabetes foot care
- To train community health workers on diabetes and foot care to provide basic care at the doorsteps
- To establish diabetes clinics at the community level

Approach

Through the project local doctors and surgeons will be trained in diabetes and foot care, incl. ulcer management through a three-day course conducted by state level experts. Hereafter community health workers will be trained to form field teams which will provide basic diabetes care and prevention at the village level. The teams will consist of both ASAH workers and traditional healers who will participate in a five-day training program on diabetes prevention, diagnostics and care. Later on, the teams will also be trained in diabetes foot screening and management and they will be provided with diabetes foot care kits.

Screening and awareness camps will be organised across the villages where at-risk persons will be screened and health education will be provided to all.

Diabetes clinics will be established at the village level to provide basic diabetes services such as diagnostics (OGTT), counselling and foot screening. Clinics will be established in existing public health care facilities under Department of Health and will be managed by the trained HCPs. The clinics will receive diabetes patients identified through camps and provide care for them. Electronic patient registers will be introduced at clinics.

A referral system will be established between camps, diabetes clinics and referral hospitals. The patients will be followed-up through a SMS system to ensure that proper care is provided.

Expected results

- 4 diabetes clinics established
- 20 doctors incl. surgeons trained on foot care
- 50 CHW trained in diabetes and foot care
- 20,000 at-risk persons screened for diabetes
- 14,000 diabetes patients screened for diabetes foot complications
- 360 camps awareness and screening camps conducted
- 57,600 people sensitised on diabetes and foot care

Results at completion

- 4 diabetes clinics established
- 20 doctors incl. surgeons trained on foot care
- 50 CHW trained in diabetes and foot care
- 20,376 at-risk persons screened for diabetes
- 10,595 diabetes patients screened for diabetes foot complications
- 360 awareness and screening camps conducted
- 59,831 people sensitised on diabetes and foot care







Centre for Microfinance & Livelihood (CML)

MEMORANDUM OF UNDERSTANDING

This MoU is made on the 26/02/2014, at Guwahati in the State of Assam, India.

BETWEEN

Centre for Microfinance & Livelihood (*hereinafter referred to as CML*) an umbrella organization for capacity building, research, collaborative interventions and policy advocacy in the social sector supported by the Sir Dorabji Tata Trust (SDTT), Mumbai; established in 2008 with its office at 18, Chandan Nagar, By lane 3, Survey (Beltola), Guwahati, Assam, PIN: 781028 and registered under Societies Act, Meghalaya with registration number E.16/5/ of 2012/97.

AND

Ananta Welfare Society (*hereinafter referred to as the CB partner organisation*) a society registered under the Society Registration Act, 1860 in the state of Tripura (Registration No: 5970) with its main operating office at Road No 7, P.O.: Battala, Agartala, West Tripura, Tripura, Pin - 799002 who has nominated Mr. Gopal Krishna Barman to be conferred fellowship on behalf of this organisation.

I. OBJECT & PURPOSE of the Memorandum of Understanding (MoU)

CML, under its flagship sector support initiative '**CML Capacity Building Program**' (*hereinafter referred to as CML CB Program*), extends fellowship to one key staff of those CB partners which have displayed higher level of promise to meet the objectives of the program. CML provides fellowship support to such partner NGOs which show the promise of extracting optimal benefits and high progress, on a need basis. Under fellowship, one mutually identified Key NGO staff is provided with a monthly stipend of Rs.8,000 for a period of one year (subject to satisfactory performance of the fellow in first three months) along with special trainings, exposure, support in attending seminar, workshops etc. entailing expenditure of approx. Rs.24,000 over the year. Monthly stipend is aimed to take care part of the cost of the key staff.

Although the fellowship would continue for selected fellows for a maximum period of one year from the month of their selection, second batch of fellows are deemed belonging to the period 2013-14.

This document confirms the selection of **Ananta Welfare Society** as a partner organization securing the **Fellowship Support** under CML's CB Program and the clauses in this MoU will establish the minimum required modalities and will guide the working relationship between the two parties signing the document.

II. DURATION of the MoU

This MoU will be effective from the date it is executed by or on behalf of the respective parties and would remain in force for a period of three months subject to extension by another nine months depending upon the performance of the fellow and the CB partner, unless notified in writing otherwise. CML fellows are expected to

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Sunanta Nath Bhunia

i. **PFT, NERLP-DoNER, World**

Bank, Kathalia: During the month of March,

2015 the Society has got an assignment a Project Facilitation Team (PFT) in Kathalia RD Block and 2018 Bishalgarh RD Block Sipahijala District for North East Livelihood Project (NERLP) being implemented by Ministry of Development of North East Region, (DoNER) and World Bank for promotion of livelihoods among the people living in Autonomous district Council (ADC) areas of the State.

- ii. **Weaving training programme :** In order to cater to the needs of destitute, orphan, widow, deserted wife and women in distress the Society have set up training centers to provide weaving training programme so as to enable them to be self-supported and self-employed. The entire efforts were organized by the Society to ensure flow of profitability on long-term basis of these women.
- iii. **Training-cum-Production Centre on Mushrooms:** At a time when the non- availability of quality spawn has hit the pace of mushroom farming in the region, the Society has introduced a training-cum-production centre (TPC) on Mushroom at Master Para, Melaghar, and Sepahijala for creating opportunity of self-employment. Since the process completes in few weeks with low investment, the Society encourages local youths to adopt as the means for their sustainable livelihoods.



